

Propositions pertaining to the thesis

## **AUGMENTATION OF NERVE ALLOGRAFTS WITH ANGIOGENESIS AND STEM CELLS**

1. The pedicled superficial inferior epigastric artery fascial (SIEF) flap is technically simple to be harvested and increases revascularization of the grafted sciatic nerve in the rat (*This thesis*).
2. Revascularization of a nerve occurs primarily from proximal to distal (proximal inosculation) and not from both ends as previously believed (*This thesis*).
3. The distribution and direction of newly formed vessels are equally important as the amount of vascularity to the decellularized nerve allograft to improve outcomes (*This thesis*).
4. The interaction of stem cells with angiogenesis and its contribution to nerve regeneration is interconnected and interdependent (*This thesis*).
5. Despite years of nerve research, the application of stem cell-based therapy has yet to make headways into clinical practice (*This thesis*).
6. For successful nerve regeneration, the perfect balance between Schwann cells, fibrocytes and vascularity is essential (*This thesis*).
7. Nerve regeneration is influenced by mechanical and biological factors combined and not solely by one of the two (*Federation of European Societies for Surgery of the Hand Conference 2020*).
8. Solutions for diseases that are currently incurable, lie in basic science research (*Massimo Hilliard, TEDx, January 2018*).
9. By combining the strengths of people through positive teamwork, you can achieve goals that no one could have done alone (*Stephen R. Covey, The 7 Habits of Highly Effective People, 1989*).
10. The best measure of productivity is a healthy balance between work and personal life (*Emma Goldberg, When the Surgeon Is a Mom, The New York Times, 2019*).